

## Transcript

### Sex and stats

#### Voiceover:

Do you really know what counts as sex?

How this question is answered really depends on how people interpret the phrase *'to have sex with someone'*.

Research shows that people, especially older people, tend to think that sex refers to sexual intercourse involving a penis in a vagina.

This is a heteronormative assumption that will not apply to everyone. For example, men who have sex with men.

Regardless of their sexual orientation, it also excludes the breadth of sexual practices that people engage in.

For example, oral sex. For this reason, Natsal has defined sex and having sex as vaginal, oral, or anal sex.